

# Holistic Massage

Atholl Hay  
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**Atholl is an experienced massage practitioner and qualified counsellor who has been providing deeply relaxing and healing treatments for Temenos guests since 2012. Treatments are approximately 80 minutes in duration and are tailored to the client's physical and emotional requirements.**

**Cost: R660** for treatments at 24 Mill St  
**R750** for on-site treatments at Temenos

## Client feedback

*Your treatment was healing and renewing. Many thanks! Processing recent bereavements and work stress has taken much from me. You breathed back some life with your strong, loving skilful hands. You are a wonder worker. (PF)*

*What an extraordinary experience. Atholl, has tuned-in, healing hands and engages in this profession like a true master. Intuitively knowing what is needed at precisely the right time. Deeply respectful of where the client is. I wish there were more healers like this out there in the world. I walked away lighter, my body deeply relaxed, my mind still and my soul nourished ... Thank-you over and over again, I look forward to returning! (SL)*

*Baie dankie vir die uitstekende masering vandag!!!! Jy is wraggies by die beste by wie ek nog ooit was! 10 uit 10!!!! (AS)*

*Heartfelt gratitude to you for my massage. I felt so safe, loved, connected, and surrendered to the sacred space. Thank you for one of the most deeply relaxing massages I've had. MK*



**Restore the balance**