

Holistic Massage

Atholl Hay
072 288 1112
atholl.hay@gmail.com



Atholl is an experienced counsellor and therapist who has been practicing massage therapy since 2012.

Treatments are tailored to your requirements and are on site at Temenos in therapy room Merton.

Temenos guests can charge treatments to their account.

Cost: 80 minutes – R600

Client feedback

Your attending presence and your masterful fluid, flowing touch at just the right pressure was maintained throughout the treatment. My mind, body and soul accessed a new balance, and you gave relaxation and peacefulness a new definition. (PF)

Just a note to say thank you for the amazing treatments. You gave each of the group the most perfect massage. Your intuition is precise. Wow! We're indebted to you and your amazing service. (MN)

Your massage was strongly sculpted and finely sensed. I really enjoyed working with you. Thank you. (CO)

I don't remember when I had such a great massage. And the next day I felt just ready to take over the world! (BC)

I wanted to drop you a line to say that the gentle but firm way you worked was so welcome, and a gift. The space felt held in a way that is rare and special. Thank you again. (JP)



Restore the balance