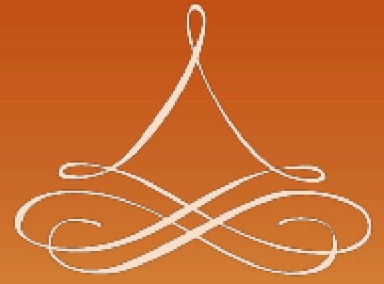




... A Soul touched is a Soul transformed!



How to Love

How to Love is a twelve-session practical course that enables each of us to develop the capacity to love anyone, unconditionally.

Relationships are central to all our lives - when they go well, we are happy, when they are broken, we suffer. This course enables us to build relationships that will improve our lives, and make a difference in the world, in the smallest and biggest of ways.

Briar is a long-standing Waldorf teacher, adult educator, and Active Practical Love student and practitioner. Dr Tessabella Lovemore, founder of the course, has been her admired and loved teacher.

'This is the most important course I have ever done ... it is a privilege to offer it.' Briar Grimley

Online

11.00 – 13.00 South African time, 2nd Tuesday every month (one session each time)
2024: 11/6, 16/7, 13/8, 10/9, 8/10, 12/11, 10/12. 2025: 14/1, 11/2, 11/3, 15/4, 13/5

McGregor, South Africa

8.30 – 13.00 1st Saturday every 2nd month (2 sessions each time)
2024: 1/6, 3/8, 5/10, 7/12. 2025: 8/2, 12/4

Small-group and personal work in the months between, and support throughout the year.

R5200 South Africa; R3200 McGregor Residents; (£360; €425; \$450) Other

Reductions, payment plans, group rates available on request

Weekend accommodation specials for those staying at Temenos Retreat

Enquiries and Bookings

Briar Grimley

WhatsApp:0728337228

kallosophiabg@gmail.com

Blog: Google 'KalloSophia'

Insta: kallosophiaexperiences



Briar Grimley



Dr Tessabella Lovemore